

**Boston Higashi School**  
**Continuing Adult Education Program (CAEP)**  
**Winter/Spring 2018**

➤ Program Schedule

The Winter/Spring 2018 session will take place on following Saturdays between 10:30am and 3:00pm:

January 20th

February 3rd & 17th

March 3rd, 17th, & 31st

April 7th is the reserved day for cancellation due to inclement weather.

On the day of the sessions, please report to the Day Side Lobby of the Boston Higashi School promptly at 10:15am.

➤ Program Activities

This session will include swimming, music/jazz band, art, cooking, Yoga/Zumba, and Employment Education (New!).

Activities will be supplemented by opportunities for exercise (i.e., a walking/jogging session at the start of the day) and social interaction (e.g., lunch). Based on the nature of the activity, class times can range anywhere from 30 to 75 minutes in length.

➤ Application Process

Application for the Winter/Spring 2018 session opens on December 4th, 2017 and closes on December 20th, 2017. Acceptance into the program will be determined based on program capacity and the committee's discretion. Legal guardians will be emailed by December 22nd, 2017 regarding a participant's acceptance or deferral.

➤ Application Form

Application should be completed using the official CAEP Online Application Form, which is available through the Boston Higashi School website: [www.bostonhigashi.org/alumni](http://www.bostonhigashi.org/alumni). In order to fill out the form, applicants must confirm that they have read and understand these Policies and Procedures.

➤ Tuition & Lunch

A link to PayPal will be emailed to legal guardians of accepted participants by December 22nd, 2017. This link will provide three payment options so that lunch can be ordered for the participant and/or caretaker, or not at all:

Option #1: Tuition + 2 Lunch Packages = \$500

Option #2: Tuition + 1 Lunch Package = \$475

Option #3: Tuition without lunch = \$450

One lunch package includes 6 bagged lunches (1 lunch per day). For example, if both the caretaker and the alumni want lunch, Option #1 is recommended.

Payments are due in full by January 5th, 2018.

**Please note that the Boston Higashi School cannot accommodate for any gluten free or other dietary restrictions, so participants with such needs should bring their own lunch from home.** If a participant or caretaker brings lunch from outside of BHS, refrigerators will be available in the Culinary Arts Room for storage.

Please be advised that the Boston Higashi School campus is nut-free, so products such as peanuts, peanut butter, and tree nuts are strictly prohibited.

- **Participation of Caretakers (e.g., parents, group home staff, etc.)**  
Participation of parents/guardians/caretakers is very important to our alumni.  
**Therefore, please bring swimsuits and towels for both alumni and their caretakers.**
  
- **Late Arrival/Early Departure**  
**If participants and their caretakers come in late or leave early, please notify any of the BHS CAEP staff members.**

**Email: [BHSAlumni@bostonhigashi.org](mailto:BHSAlumni@bostonhigashi.org)**  
**Phone: 781-961-0800 (x201 for receptionist)**